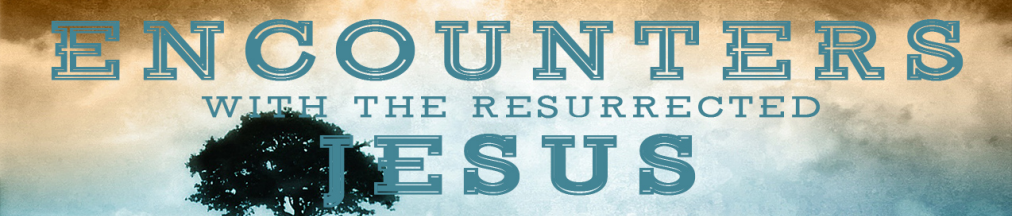

7-Day Devotional: From Watching to Joining

Day 1 — Honest Faith **Gospel of John 20:25**
Reflection: Thomas doesn't pretend. He names exactly where he is. Faith doesn't begin with certainty. It begins with honesty.
Question: Where am I tempted to pretend I have more faith than I actually do?
Practice: Take 5 minutes and write a completely honest prayer. No filtering. No fixing. Just truth.

Day 2 — Hidden Doubt **Book of Psalms 13:1**
Reflection: Scripture gives us language for struggle. Doubt becomes dangerous when it is hidden—not when it is expressed.
Question: What doubts or questions have I been carrying privately?
Practice: Name one doubt out loud to God or in a journal.

Go Deeper

Day 3 — Jesus Meets Us **Gospel of John 20:27**
Reflection: Jesus does not wait for Thomas to fix his doubt. He meets him in it.
Question: Where do I need Jesus to meet me. Not after I figure things out, but right now?
Practice: Sit quietly for 5 minutes and imagine Jesus present with you in your question.

Day 4 — Stay Connected **Epistle to the Hebrews 10:24–25**
Reflection: Thomas doubted—but he stayed with the community. Disconnection, not doubt, is the real danger.
Question: When I struggle, do I tend to withdraw or stay connected?
Practice: Reach out to one trusted person today. Not to impress, just to be real.

Day 5 — Living the Questions **Proverbs 3:5–6**
Reflection: We don't always get immediate answers. But we are invited to trust even in the unresolved.
Question: What question in my life is still unresolved, and how am I responding to it?
Practice: Instead of trying to solve a question today, simply bring it to God in trust.

Day 6 — From Doubt to Declaration **Gospel of John 20:28**
Reflection: Thomas' doubt leads to one of the strongest declarations of faith. Encounter changes everything.
Question: Where have I experienced God in a way that deepened my faith?
Practice: Write down one moment where your faith became real to you and thank God for it.

Day 7 — Come and See **Gospel of John 1:46**
Reflection: Faith is not just agreement, it is invitation. Jesus invites us into relationship, not just answers.
Question: What would it look like for me to take one step toward Jesus this week?
Practice: Choose one small step: prayer, reaching out, serving, listening. Then do it.