1. Read Colossians 2:6-7 and Matthew 14:22 2. Note observations. 3. What do you think the difference between doing things like Jesus vs following Jesus? 4. How does it change your faith and engagement with God? 5. How deep is your awareness of your own "self-help" mentality and how can that interfere with walking with Jesus? 6.What is the difference in approach to spiritual actives (such as prayer, worship, reading scripture, prating acts of mercy and justice, etc.) between doing these things to get close to God vs doing them to see how close God already is to you? 7. What can you do this week differently to help you recognize God's nearness and walk with him?

Go Deeper

When we meet Jesus, our lives are changed. How is your life changing? Today you may have sensed a nudge from God. What will you do with that prompting?

This is a guide for individual, family, or small group use.

A Guide For Study Groups and Life Groups

1. Gather some friends 2. Find a comfortable place to meet
3. Agree to keep each other's confidence 4.Open with prayer.
5. Use the scripture provided, or something of your choosing.
6. Use the questions provided, or others you find helpful.
7. For accountability and personal growth, ask the following questions
    a. How is it with your soul?
    b. Have you done all the good you could and avoided all the evil you could this week?
    c. Have you practiced the means of Grace? (public worship, prayer, scripture, acts of kindness and service, etc.)
    d. How can we as a group best pray for and support you?
8. Pray for one another.

Highlight

Upcoming Spiritual Growth & Serving Opportunities

Chrysalis – Teenagers (Sophomore to early College)
Application deadline: 2 weeks prior

- Girls: Feb. 21 - 23
- Boys: Feb. 28 - March 2

Walk to Emmaus – Adults
Application deadline: 2 weeks prior

- Men: March 20 - 23
- Women: April 3 – 6

Kairos – Adults Seeking to Minister to the Incarcerated

- Informational Meeting TBD
- April 24 – 27

For more information, speak with representatives of the 4th Day Leadership team after service or email at SPUMC_Emmaus_Community@aol.com – or – visit the Southeast Florida Emmaus website: **www.southeastfloridaemmaus.org**